

Michael & Susan Dell Center for Healthy Living

UTHealth Houston School of Public Health in Austin

The Michael & Susan Dell Center for Healthy Living was founded in 2006 with a vision of **healthy children in a healthy world** and a mission to **advance health and healthy living** for children and families through cutting-edge research, innovative community programs, and dissemination of data-driven practices.

We seek new discoveries in child health through research-focused programs related to obesity prevention, nutrition, physical activity, family & child health, tobacco use, and health policy. Our annual key events and expert-led webinars offer educational trainings and collaboration opportunities to students, partners, and the community.

Our intentions are threefold: **create** new research ideas and trainings for public health students; **communicate** evidence-based products and outcomes to researchers and legislators; and **connect** with communities and other public health organizations.



OUR EXPERTISE



School-Based Health Programs

Developing effective school-based health programs to ensure children and families lead healthy lives.



Physical Activity

Studying the health benefits of movement and how to support a lifetime of fitness.



Nutrition, Food Access, Obesity

Helping children, families, and communities access, prepare, and eat healthy foods.



Family & Child Health

Identifying population health initiatives to improve health for families and young children.



Tobacco & Alcohol Abuse Prevention

Preventing unhealthy and addictive behaviors through education, policy change, and research.



Health Policy

Sharing data-driven information with legislators to develop policies that support healthy living.



Community Development

Creating healthy environments for families and schools through practical health resources.



The Michael & Susan Dell Center for Healthy Living directly reached an estimated

16,291,272

children and families through school-based health promotion research projects and interventions and population health projects (2022-2023).





CENTER INITIATIVES

- Michael & Susan Dell Center Lectureship in Child Health
- Dietetic Internship Program
- Nourish Program
- Live Smart Texas
- Dell Health Undergraduate Scholars
- Texas Research-to-Policy Collaboration
- Texas Legislature Bill Tracker
- Texas Child Health Toolkits
- Texas Child Health Status Reports
- Texas Collaborative for Healthy Mothers and Babies
- Philip R. Nader Legacy of Health Lectureship

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Your donation will support a healthy future fueled by healthy choices.

EXECUTIVE COMMITTEE



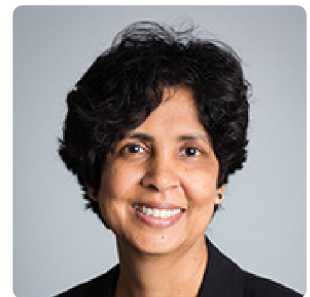
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